



Yoga - Session Booking Form

- ☐ **Feeling Fab - Hatha Yoga for Women** (all ages and abilities)
Thursday morning 10.00 am – 12 noon
Wombledon Village Hall, Page Lane YO62 7SE
Course of 4 weekly classes commencing 22nd November 2018: £50
- ☐ **Tranquility** (women only)
Kirkbymoorside Natural Health Centre
The Bethel Chapel, Tinley Garth YO62 6AR
Evening session on Friday 30th November 2018 6.30 pm – 8.30 pm : £15

Name:

Address:

Email:

Telephone(s):

I enclose cash/cheque/I have made a bank transfer ☐ ☒

Cheques to "Mrs Osborne-Bates" & Bank Transfer payments to:
TSB Bank plc – Sort Code: 77-71-50 – Account No: 04231168 - Name: Mrs G Osborne-Bates
Indra House, Main Street, Wombledon, York YO62 7RX

I enclose a completed health declaration/I confirm that there have been no significant changes to my health since I last completed a health declaration. ☐ ☒ Please tick and delete as appropriate

Signature: Date:

Small is Beautiful ☺

My class sizes are purposefully kept small because I don't want to be so stretched that I cannot give individual attention! You do not need to attend all weeks of a course, but you do need to pay for them. If you are new to yoga or new to me, I will happily offer a single taster class if space permits.

